

Spring Hill Music^{LLC}

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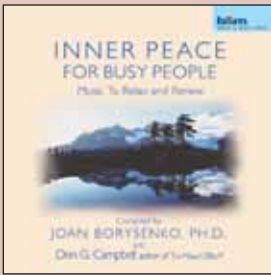
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Spring Hill Music^{LLC}

*body
mind
& soul
music*) 7

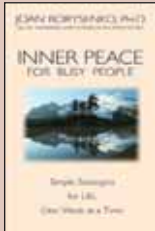


#6031 CD \$17 - CS \$11

INNER PEACE FOR BUSY PEOPLE: MUSIC TO RELAX AND RENEW

New York Times best selling author Joan Borysenko created this beautiful album with Don Campbell, the leading authority on the transformational power of music. Together they have brought together a collection of some of the most relaxing and renewing music ever written.

Experienced listeners and classical novices alike will enjoy this lovely recording. As Don writes in the informative liner notes "Chopin, Beethoven, Mozart and the many others on this album have given us a magical pathway to open air, placid lakes and memories of the great spirit that shifts, heals and lifts..."

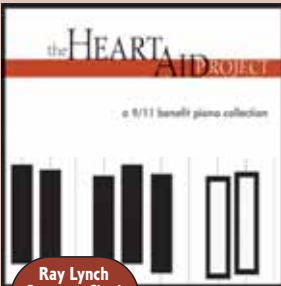


INNER PEACE FOR BUSY PEOPLE 52 SIMPLE STRATEGIES FOR TRANSFORMING YOUR LIFE

Inner Peace for Busy People is the perfect book for anyone who feels overwhelmed by the pressures of work, family, and other 21st-century stressors. This practical guide includes 52 inspirational essays that will help you create and maintain a sense of inner peace. With a little common sense, you can learn to understand and tame the busy workings of your mind, live a life filled with compassion and love, and develop more wisdom and creativity. Learn skills to help you change your life and attitude and regain your inner peace one week at a time!

HayHouse Publishing, #0870 Hardcover \$17.95

Book & Music Package #8009 CD \$27 - CS/\$22 SAVE 10%!



Ray Lynch
Suzanne Ciani
Michael Hoppé
& 14 others!

THE HEART-AID PROJECT VARIOUS ARTISTS

Born in the wake of the 9/11 tragedy, THE HEART-AID PROJECT was created to help heal the wounds of that day with music. The result: this beautiful 70+ minute compilation album featuring 17 composer/pianists, including Ray Lynch, Suzanne Ciani, Spencer Brewer, John Boswell and Michael Hoppé, artists with millions in sales, all donating their royalties to THE HEART-AID PROJECT.

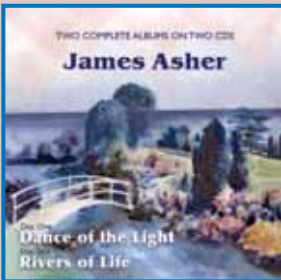
THE HEART-AID PROJECT will utilize 100% of proceeds from this album to benefit victims of the 9/11 tragedy and their families.

#6040 CD \$17

TORERO! GITANO FAMILY

On their U.S. debut, Europe's Gitano Family sets the floor afire with 14 tracks of the authentic sound of Europe's rhumba-flamenco Gypsy tradition. Members of the Gypsy tribe called "Gitano" (as are the famed Gipsy Kings), Gitano Family is truly the next generation of this infectious sound. Hailed the world over for their thrilling live performances, TOREO! captures Gitano Family in all their intoxicating variety - vocals and instrumentals - ballads to flamencos.

#6044 CD \$13



#6045 CD \$17

DANCE OF THE LIGHT/RIVERS OF LIFE JAMES ASHER

Two full-length albums for the price of one exploring James Asher's roots in relaxing and meditative music:

DANCE OF THE LIGHT - The follow-up to Asher's best-selling Feet in the Soil, this relaxing collection of music showcases the other side of this heralded artist. Features 3 extended works and a 6 minute introduction piece. A classic "New Age" style stress reduction album.

RIVERS OF LIFE - Two flowing compositions, both with the musical theme of water, each over 30 minutes in uninterrupted length. Never before available in the US, this music is ideally suited to accompany meditation, slow yoga, massage, and for general rest, recovery, and relaxation.

JOAN BORYSENKO



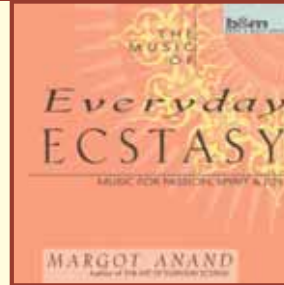
Joan Borysenko, a respected scientist, gifted therapist, and unabashed mystic, Joan Borysenko, Ph.D., trained at Harvard Medical School, where she was an instructor in medicine until 1988. She is an internationally known speaker and consultant in women's health and spirituality, integrative medicine and the mind/body connection, and the author of nine books, including the New York Times bestsellers *Mending the Mind*, and *The Woman's Book of Life*.

b&m

BOOKS & MUSIC SERIES

Spring Hill's acclaimed Books & Music Series is a collection of specially designed music collection, each illuminating the subject matter of a major hard cover book. Each compilation is created by the author, and reflects and enhances the subject matter of the related book. Our specially priced Book & Music packages are the perfect way to enjoy the full experience.

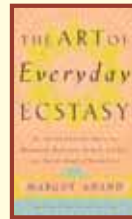
1999 COVR AWARD WINNER
MEDITATION/HEALING



THE MUSIC OF EVERYDAY ECSTASY

This four part musical experience is designed to attune you to the pulsating rhythm of your own life. Listened to with focused attention or allowed to play in the background as life unfolds, THE MUSIC OF EVERYDAY ECSTASY can transform any environment. Featuring 10 subtly matched tracks from artists including Gabrielle Roth, Chris Spheeris, James Asher and Margot Anand herself, the album weaves a rich and complete sonic journey and compliments the message in Margot's newest book.

#6020 CD \$17 - CS \$11



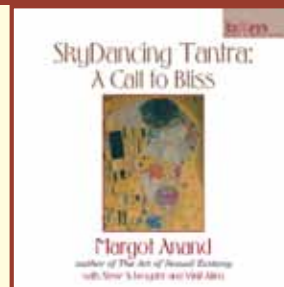
THE ART OF EVERYDAY ECSTASY

Most people think of ecstasy in terms of sexual ecstasy. In THE ART OF EVERYDAY ECSTASY, Margot Anand expands our definition of ecstasy and shows us how we can harness its energy to help us live, work, and love more passionately, joyfully, and with true spiritual focus. She shows us how to use the seven chakras as a map to ecstasy.

Broadway Books, #0199 Paperback \$13

Book & Music Package #8001 CD-\$27/CS-\$22 SAVE 10%!

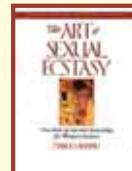
...ALSO FROM MARGOT...



SKYDANCING TANTRA: A CALL TO BLISS

SKYDANCING TANTRA: A CALL TO BLISS, partner to THE ART OF SEXUAL ECSTASY, is a unique blend of voice and music created in the spaciousness of tantric meditation. SKYDANCING TANTRA is intended for those who want to listen and relax alone, as well as for lovers who wish to energize and harmonize their energy fields and prepare themselves for love. Six sensuous compositions offer a path of personal evolution and growth focused on the connection between sexuality and spirituality. They relax the body, open the heart and bring the mind into clear focus, preparing listeners for a new sexual experience in which physical pleasure becomes a delight of the heart and an ecstasy of the spirit.

#6024 CD \$17 - CS \$11



THE ART OF SEXUAL ECSTASY

Hundreds of thousands, guided by THE ART OF SEXUAL ECSTASY, have discovered Tantra as a path to greater awareness of all aspects of life, including one of our greatest sources of pleasure — and disappointment — sexual intimacy. Tantra teaches readers to connect deeply with their natural energies, discover the spiritual experience that connection brings, and break new ground and transform their sexual lives from a routine behavior for reducing tensions to a truly intimate and sacred experience. A classic!

Tarcher/Putnam, #7581 Paperback \$20

Book & Music Package #8002 CD-\$33/CS-\$28 SAVE 10%!

MARGOT ANAND



A native of France, Margot Anand studied psychology at the Sorbonne and has had extensive training in gestalt, Tantra, yoga, bioenergetics, massage, and meditation. For the past 15 years, she has been in the forefront of the Tantra field, teaching and lecturing all over the world. The best selling author of *The Art of Sexual Ecstasy*, *The Art of Everyday Ecstasy* and *The Art of Sexual Magic*, she is the founder of the Sky Dancing Institute—a worldwide center for progressive learning. A musician and singer, Anand travels the world speaking, conducting workshops and trainings, and working with leaders in business, government, and for progressive social change. She lives in Northern California.

"I have come to believe that the world is more of spirit than of matter: that what is unseen is more important than what is seen. The things we most value are felt with the heart rather than viewed with the naked eye. Transcendence is a natural human condition which we may all experience from time to time. A rhapsodic piece of music, a beautiful painting, a glorious sunset or some peculiar communion with nature—all may offer us moments of a particular clarity, in which our vision seems to grow larger, and we are no longer looking at the world through the muddy glass of our preconceptions but seeing it as it truly is; where we become momentarily aware of some pattern or order greater than ourselves, and of which we are an intrinsic part" — *Mick Brown*

MICK BROWN



Mick Brown is the author of three books: Richard Branson: The Inside Story; American Heartbeat: Travels from Woodstock to San Jose by Song Title, which was short-listed for the Thomas Cook Prize for best travel book in 1994; and The Spiritual Tourist: A Personal Odyssey Through the Outer Reaches of Belief. Born in London in 1950, he is a freelance journalist and broadcaster.

CROSSROADS 2000 SILVER AWARD WINNER!

MUSIC FOR THE SPIRITUAL TOURIST

In this rich and illuminating journey to the outer reaches of our age's search for meaning and purpose, Mick Brown traces the travels documented in his book. This album includes rare and powerful tracks from artists whose spiritual yearnings are an acknowledged force in their creative process. Terry Riley, Nawang Khechog, James Asher, Sheila Chandra and Krishna Das are but a few of the global stops on this profound and unique compilation.

#6023 (CD/\$17; CS/\$11)



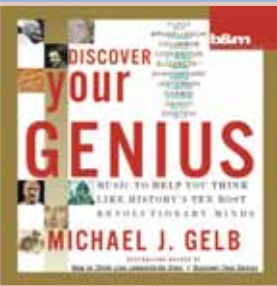
THE SPIRITUAL TOURIST

On a pilgrimage to see the Dalai Lama in the foothills of the Himalayas; blissed out in Germany with a beautiful Indian girl believed to be "the Divine Mother"; witnessing miracles in the ashram of Sai Baba; and searching for the messiah in the back streets of London — *The Spiritual Tourist* is the Candide of the age, on a voyage of inner search and illumination. In his vivid, interrogative and highly entertaining book, Mick Brown joins the holy, the lost, the wise and the foolish in the highways and backroads, and feeds our yearning for meaning and spirit in the modern world.

Bloomsbury Publishing, #4034 Paperback \$14



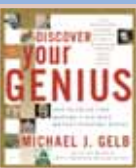
Book & Music Package #8005.bm(CD/\$28; CS/\$22) SAVE 10%!



DISCOVER YOUR GENIUS (CD)

It's a well known fact: the right music can enhance creativity, imagination, and intelligence. On this unique album, best-selling author Michael J. Gelb brings you ten of history's most brilliant musical geniuses, each embodying one of the ten "genius principles" described in his book *DISCOVER YOUR GENIUS* (HarperCollins). This CD contains one selection from each of these brilliant composers, arranged in the chronological order of the world's ten most revolutionary personalities. From Plato & Bach to Einstein & Satie, Gelb leads you on a musical journey designed to expand your genius powers.

#6034 CD/\$17



DISCOVER YOUR GENIUS (BOOK)

Everyone has the potential for genius. The full expression of your unique genius awaits you in these pages! In *DISCOVER YOUR GENIUS*, Michael J. Gelb draws upon the wellspring of history's most revolutionary minds to guide you to unleash your own creativity through mental play. Searching for the most world-shaking ideas, discoveries, and innovations, Gelb assembled a "genius dream team" and provides an enlightening plan for personal and professional development by encouraging us to apply the wisdom of ten of history's greatest minds.

Harper Collins, #1376 Hardcover \$27.75

Book & Music Package #8010 BM/\$39 SAVE 10%!

MICHAEL J. GELB

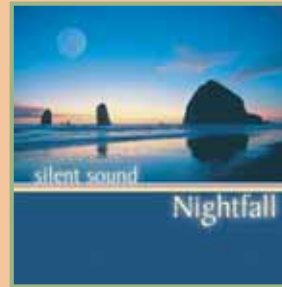


Michael J. Gelb, a renowned innovator in the field of creative thinking and leadership development, is the bestselling author of How to Think Like Leonardo da Vinci, Body Learning, Samurai Chess, and Present Yourself! Since 1978 Michael Gelb has conducted seminars around the world for companies such as BP, IBM, DuPont, KPMG, and YPO. He lives in Edgewater, New Jersey.

"This album earns my highest recommendation."

Wind and Wire

A website for the fan of Contemporary Instrumental Music



NIGHTFALL

SILENT SOUND (Debut Release)

Lush, tranquil, and thoroughly relaxing, *NIGHTFALL* is an enchanting blend of acoustic strings, subtle keyboards and woodwinds, and ethereal female voicing. The debut from Silent Sound, the Grammy®/Emmy® nominated duo of Butch Baldassari and David Hoffner, *NIGHTFALL* features compositions by numerous artists including Michael Hoppé and Massimo Gatti. Destined to become a contemporary instrumental classic and to earn legions of fans for this exciting new group!

#6035 CD \$17

"LORENZA PONCE AND BEN ZEBELMAN MANAGE TO COMBINE SWEEPING, ROMANTIC MELODIES WITH DELICATELY WOVEN POETIC VERSE, AROUSING THE SENSES AND INTOXICATING LISTENERS."

LORENZA PONCE



Classically trained violinist Lorenza Ponce has made her mark both as a live and studio accompanist for artists including Kitaro, John Tesh, Cheryl Crow and Sarah McLachlin, and as a solo artist. Her most recent solo album, Mystic Fiddler, reached #9 on the NAV radio chart. Ponce brings a stunning range to all her work, including Song Of Songs.



SONG OF SONGS

A uniquely powerful interpretation of one of Western culture's formative works - the biblical love poem, *SONG OF SONGS*, also known as the Song of Solomon. Alternates the spoken sections with musical interludes composed by Ponce and Zebelman for a uniquely powerful result. A one of a kind release bound to attract special interest during the holiday season.

#6041 CD \$14

BEN ZEBELMAN



Pianist and composer Ben Zebelman, winner of the prestigious Miles Davis Jazz Award, has made his mark with an unusual set of recordings, all based on Old Testament texts or traditional Jewish prayers. A resident of New York City, and with a Bachelor of Music degree from Ithaca College, Zebelman brings a mix of contemporary, jazz, and classical influences to bear on works entirely focused on these traditional sources.

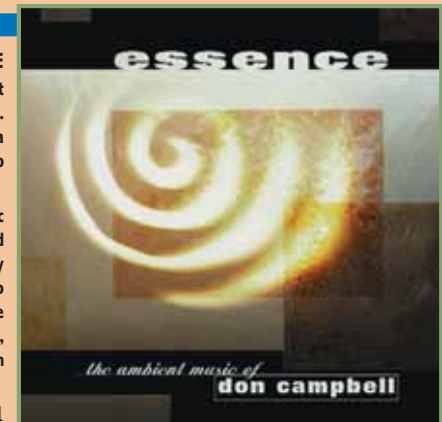
1999 AFIM AMBIENT RECORD OF THE YEAR NOMINEE!

ESSENCE

This is the long unavailable 'best of' collection of pioneering ambient music from leading author, lecturer, and musician Don Campbell. Comprised of works composed in the early 80's (before there was a category called "new age" music) *ESSENCE* focuses on music to enhance relaxation, healing, and concentration.

The extended compositions on *ESSENCE* include the 1983 classic *Crystallite*, the contemplative and powerful *Rune Dance* — updated with the addition of an evocative vocal melody from the supremely talented Ruth Cunningham, ten-year veteran of the choral group *Anonymous 4* — and the meditative *Seraphims*, a twenty-three minute exploration of Campbell's interest in the alignment of music, imagery, and contemplative practice. Any carefully chosen collection deserves this now available ambient classic.

#6019 CD \$17 - CS \$11



MORE MICHAEL HOPPÉ



HOW DO I LOVE THEE?

Famed actor, Michael York, and Grammy® nominee, Michael Hoppé, join to create this captivating collection of the greatest love poems ever written. Includes the greatest authors in the canon of love — Ovid, Shakespeare, Tennyson, Shelly, Wordsworth, Byron and Elizabeth Barrett Browning. Complete text for all the poems are included in a deluxe 36-page illustrate booklet plus a bonus video featuring the photographs of leg-

endary portraitist E.O. Hoppé. Showcasing York's passionate and powerful readings and Hoppé's lush and romantic music, HOW DO I LOVE THEE? is a unique tribute to the inspiring powers of passion and romance.

#6048 CD \$17

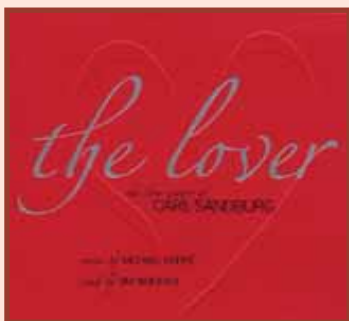
"CERTAINLY IT HAS EXERCISED THE IMAGINATION OF THE ARTIST, PERHAPS MORE THAN ANY OTHER HUMAN TRAIT. THE POEMS THAT MICHAEL AND I HAVE CHOSEN, THEIR EXQUISITE TRUTHS AND INSIGHTS COMPRESSED INTO SUCH EXTRAORDINARY WORDS, DISPLAY THE WONDERFULLY CONTRADICTIONARY NATURE OF THIS POWERFUL EMOTION." —MICHAEL YORK



MICHAEL YORK & MICHAEL HOPPÉ

THE LOVER

Looking for the perfect gift for Valentine's Day (or any special day)? Look no further: Michael Hoppé and Tim Wheeler have teamed up to create this stunningly romantic presentation of one of the 20th century's best-loved poets, Carl Sandburg. Features 18 never before collected love poems written by the famed journalist, Lincoln biographer, statesman, two-time winner of the Pulitzer Prize and the nation's much-loved "Poet of the People." The poems are read here with passion, grace, and power by Tim Wheeler, and each is accompanied by a musical work especially composed by the brilliantly romantic composer Michael Hoppé. Also features 6 achingly beautiful interludes also composed by Hoppé.



#6030 CD \$17

THE LOVER IS RICH AND THRILLING, IN WORDS AND IN MUSIC. TIM WHEATER'S RENDERING OF THESE POEMS IS AS SENSUOUS AND STRAIGHT TO THE HEART AS CAN BE BELIEVED, AND I AM CERTAIN THAT MY FATHER'S SPIRIT IS PLEASED. THE MUSIC IS IN MICHAEL HOPPÉ'S OWN DISTINCTIVE STYLE. "BELOVED", "LOVER'S LAMENT" AND "THE UNFORGETTING HEART" KEEP ME IN AWE OF MICHAEL HOPPÉ'S GENIUS.

—HELGA SANDBURG

NEW!

THE ROBERT GASS COLLECTION

EASTERN CHANT

ROBERT GASS



On the famed "Chants of the World" series, Robert Gass and the widely heralded On Wings of Song chorus create exquisite choral arrangements of sacred vocal music from the world's great spiritual traditions. Millions have used these recordings to create beautiful, harmonizing musical environments — playing them continuously in the background to create a desired mood in the home, workplace or car — and for relaxation, meditation, and sing-alongs (alone or with a group). Leading authors, workshop facilitators, teachers, bodyworkers, meditation groups across the globe employ these beautiful musical and vocal expressions in rituals, ceremonies, exercises and classes. An essential part of any healing music collection!

NEW!

CHANT IS SINGING OUR PRAYERS. CHANT IS VOCAL MEDITATION. CHANT IS THE BREATH MADE AUDIBLE IN TONE. CHANT IS DISCOVERING "SPIRIT IN SOUND." — ROBERT GASS

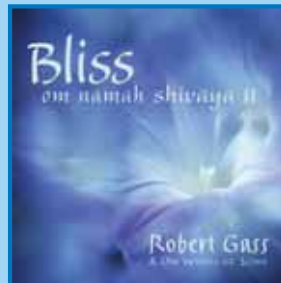


KIRTANA

Robert Gass & On Wings of Song are joined by Robert's daughter, singer/songwriter Danya River, and master musicians including Ty Burhoe (Kitaro, Deva Premal), Steve Gorn (Jai Uttal, Paul Simon), John McDowell (Krishna Das, Born Into Brothels soundtrack) and many others on this powerfully enchanting album of kirtan style chants.

Contemporary and ageless, heart-opening with a beat and ideal for yoga, Kirtana will fill your home, car and place of work with music to open the heart and uplift the soul.

#6049 CD \$17



BLISS: OM NAMAH SHIVAYA II

For over 20 years Robert Gass and his vocal group On Wings of Song have touched the hearts of millions with their version of the sacred chant Om Namah Shivaya. New Age Journal (now Body & Soul Magazine) named it "one of the 20 most influential recordings of the past 20 years."

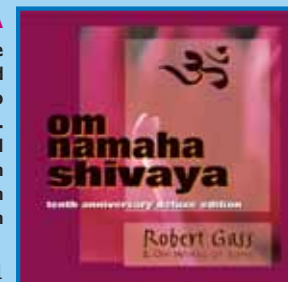
Now Robert Gass brings you Bliss, an all new, even more beautiful and moving rendition of this most powerful of Sanskrit mantras. Joined by the sensual bamboo flute master, Steve Gorn, the heavenly voices of Robert Gass & On Wings of Song will make your home, your car or your workplace into a serene and restorative temple of inner peace and joy.

#6032 CD \$17 - CS \$11

OM NAMAHA SHIVAYA

In 1985 Robert Gass and On Wings Of Song released their first recording, a fifty minute version of the Sanskrit chant "Om Namaha Shivaya". Over 150,000 copies later, cited by New Age Journal as one of the twenty most influential recordings of the last two decades, Om Namaha Shivaya is now re-issued in an exciting 10th Anniversary edition. The new release contains the entire original album, plus a bonus track — an extended chant of the ancient Sanskrit seed syllable Om, with powerful Tibetan and Mongolian overtone chanting. Deluxe 32 page liner notes include specially commissioned articles on the spirituality of tone, sound, and healing from respected authors and teachers Don Campbell, Ram Dass, and Deepak Chopra. A classic and a deserved best seller!

#6018 CD \$17 - CS \$11



"THIS PRESENTATION IS A GIFT, WHICH CAN BE USED AS BACKGROUND MUSIC THROUGHOUT THE ACTIVITIES OF THE DAY, FOR RELAXATION AND MEDITATION PRACTICES, OR ANYTIME/ANYWHERE THAT BLISS, PEACE, AND ENHANCED WELL-BEING ARE DESIRED"

—NAPRA REVIEW

EASTERN CHANT CONTINUED...



HEART OF PERFECT WISDOM & SUFI SONG OF LOVE

Two Tibetan Buddhist chants are joined with a beautiful Sufi chant, taking the listener to new dimensions of multi-cultural choral chanting music.

DOUBLE ALBUM.

#6004 CD \$17 - CS \$11



SHRI RAM

In the spirit of the best-selling Om Namaha Shivaya, here are two versions of this widely known Sanskrit chant to Ram (of the Hindu epic poem The Ramayana). Includes both traditional and contemporary instrumentation. Lovely.

#1013 CD \$17 - CS \$11



KALAMA

This spiritually-charged recording combines the powerful Sufi chanting practice known as Zhikr - remembrance - with a hauntingly evocative melodic setting of the core Sufi prayer called the Kalama. Cassette only.

#1011 CS \$11

Eastern Chant Package: (Om Namaha Shivaya; Heart of Perfect Wisdom, Sufi Song of Love; & Shri Ram)
#8504 3CD \$43 - 3CS \$28 SAVE 15%!

WESTERN CHANT



AWAKENING

Much-loved contemporary chant artists, Robert Gass & On Wings of Song, have just released their most innovative and beautiful recording yet. Awakening features eight extended chants from the world's leading spiritual traditions, plus an informative 28 page booklet. A rich and inspiring journey into the heart of modern chant.

Guests include Glen Velez, Steve Gorn, Randy Armstrong, Margot Krimmel and Omar Faruk Tekbilek.

#6043 CD \$17 - CS \$11

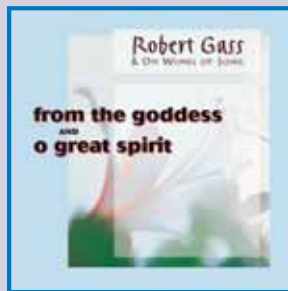


FROM THE GODDESS AND O GREAT SPIRIT

This release combines From the Goddess, a weaving of three well known pre-Christian Goddess chants, and the Native American inspired O Great Spirit. A timeless and uplifting listening experience.

DOUBLE ALBUM

#6003 CD \$17 - CS \$11



Western Chant Package: (Alleluia, Kyrie; From the Goddess, O Great Spirit; & Songs of Healing)
#8501 (3CD / \$43 - 3CS / \$28) SAVE 15%!

MICHAEL HOPPÉ



A composer of exceptional and varied melodic talents, Michael Hoppé is a much-heralded composer and performer of unfailingly lyrical and romantic instrumental works. Since 1985 he has released 12 albums, gathering numerous accolades including CD Review Editor's Choice, "CD of the Year" and the AFIM INDIE award for "Best New Age Album" in the year 1999.

Hoppé's endeavors in the music industry have brought him 15 gold and 4 platinum records. His music has also been heard internationally on numerous TV programs and feature films, and his songs have been recorded by a variety of singers and instrumentalists including Tim Wheeler, Martin Tillmann, Zamfir, Frank Mills, Eliza Gilkyson, Cecilia, Louise Di Tullio, Lou Anne Neill, Eugene Fodor, and Lily Haydn. He lives in Los Angeles with his wife Monica.



GRAMMY® NOMINATED: BEST NEW AGE ALBUM

SOLACE

The 13th album from award-winning composer and pianist Michael Hoppé takes his romantic, classically inspired compositions to another level by adding full symphonic accompaniment from The Prague Symphony, and a bonus Hoppé track performed by the legendary Vangelis. Nominated for a GRAMMY Award, Solace includes 12 of Hoppé's signature compositions - a reflective, healing journey perfectly suited to our times.

#6042 CD \$17



QUIET STORMS

On this captivating album, Michael takes for inspiration his own evocative paintings and creates introspective and beautiful accompaniments for these original artworks (used as cover art for this series). These romances are atmospheric and suggest distant, bittersweet horizons. With harp and flute beautifully performed by Louise DiTullio and Lou Anne Neill, QUIET STORMS is an oasis carved in sound, a restorative haven for soul and spirit.

#6027 CD \$17

WIND SONGS

Here Michael is once again joined by his frequent collaborator, famed flautist Tim Wheeler as they take flight into the magical regions that have earned them accolades across the globe. Wheeler taps the magic of his unique collection of woodwinds for eight improvisations each as free as the wind, as Michael's piano grounds and supports these soaring explorations for the most euphorically transcendent work of their careers. Sure to carry the listener on an effortless journey up to the heights.

#6028 CD \$17



HOMELAND

Nostalgic reflections, both real and imagined, are the unadorned heart of Homeland. Each composition on this stunningly beautiful album is a sound track to the heartfelt dream of simpler times. If home is where the heart is, then HOMELAND is a way of rediscovering sweet, silent thoughts and rejoicing in your own heritage - wherever that may be.

#6029 CD \$17



The Michael Hoppé Collection #8506 3CDs \$43 SAVE 15%!

"NATIVE AMERICAN FLUTE MUSIC AT ITS BEST"

MUSICAL SOUNDSTREAMS



LONE PINE CANYON

The fifth release from Golana', finds this innovative master of the Native American flute stretching the boundaries of his meditative, nature inspired music. Created amidst the beauty of the Angeles National Forest, LONE PINE CANYON features eleven compositions, including stunningly beautiful re-sets of two classical works, with strings, guitar, piano and percussion accompanying Golana's entrancing flute stylings.

#6046 CD \$17

5 TIME NAMMY NOMINEE

GOLANA'



Golana' (Raven) has been heralded with numerous awards for his unique, contemplative style of Native American flute music. Raised Anglo, but of Cherokee descent, this unique artist brings numerous traditional and non-traditional influences to his music. Given the name Golana' by a tribal elder, he often composes in nature. Originally inspired to take up the Native American flute during a desert nature walk, Golana' brings a rare sensibility to his instrument.

Previously released from Golana'...



MOON OF FIRST SNOW

The fourth album from widely acclaimed Golana' features his unique style of Native American flute music accompanied by subtle touches of acoustic guitar, piano, cello, violin, harp and hand drum.

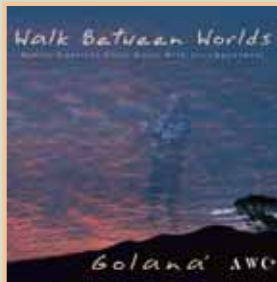
Lauded with numerous awards (including NAMA - Native American Music Awards - nominations as Flutist and Male Artist of the Year), on MOON OF FIRST SNOW Golana' once again mesmerizes with his distinctive approach to the Native American flute.

#6039 CD \$17

WALK BETWEEN WORLDS

Here Golana's Native flutes are joined by the surprising strains of the western harp. Melodic, haunting, and as contemporary as listeners expect in this genre (it was nominated for a NAMMY - the coveted Native American equivalent to the Grammys® and won a COVR award) WALK BETWEEN WORLDS is a one of a kind work, an album you shouldn't miss!

#6037 CD \$17 - CS \$11



FEATHER ON THE WIND

A beautiful cross-cultural effort, this COVR Best Native American Album winner features numerous well-known guest artists, including Michael Hoppé, Armen Chakmakian, and Scott Hartley. Golana's Native flutes, however, anchor the album with expansive and inviting melodies. Musical Soundscapes called FEATHER ON THE WIND "Native American music at its best."

#6038 CD \$17 - CS \$11

PATH TO THE HEART

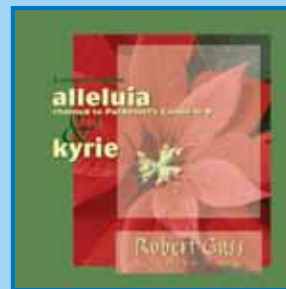
Perhaps the most "open" and receptive of Golana's albums, PATH TO THE HEART features nine compositions for solo flute. Called "little short of magic" by New Age Retailer Magazine, this album is over fifty six minutes of stillness and healing, and was a NAV Finalist for Best Healing/Meditation Album.

#6036 CD \$17



Golana' Music Package: #8517 5CDs \$68 SAVE 15%!

WESTERN CHANT CONTINUED...



ALLELUIA & KYRIE

Exquisite choral versions of these perennial classics, the ALLELUIA is chanted to Pachelbel's immortal and much-loved Canon, the KYRIE is in a traditional setting. Uplifting.

DOUBLE ALBUM.
#6002 CD \$17 - CS \$11



SONGS OF HEALING

This inspiring release is comprised of nine songs of healing, from contemporary to traditional, by such diverse artists as The Who, Shlomo Carlebach, Yogananda and Carly Simon. The tone is heartfelt and softly repetitive, and each song seems to radiate from the same heart.

#1016 CD \$17 - CS \$11



GLORIA

This original arrangement of the GLORIA from the Roman Mass helps evoke a deep feeling of spiritual devotion and inner peace. Cassette only.

#1014 CS \$11

Western Chant Package: (Alleluia, Kyrie; From the Goddess, O Great Spirit; & Songs of Healing) #8501 (3CD / \$43 - 3CS / \$28) SAVE 15%!



OPENING THE HEART

Robert Gass presents the vision that started it all: the OPENING THE HEART workshops, the Spring Hill community and the musical group On Wings of Song. A simple but powerful process for opening the heart and experiencing the healing power of unconditional love through guided imagery and music. Cassette only.

#4001 CS \$11

LIVING WITH LOSS

This acclaimed guided imagery and music releases a simple but powerful healing journey for all who grieve for any loss. Provides help in healing the wounds of the heart and an opportunity to move into the new. Cassette only.

#4002 CS \$11

The Imagery Series
#8502 CS \$19 SAVE 15%!



BOOKS & MUSIC SERIES

A fascinating and inspiring introduction to this powerful tradition, Chanting explores the rich history and myriad uses of chant that have kindled the recent explosion of interest in this ancient art. Shows how you can use chant in your own life as a tool for relaxation, body-mind healing, and spiritual discovery.

Broadway Books, #0322 Hardcover \$20

CROSSROADS 2000 SILVER AWARD WINNER!

CHANT: SPIRIT IN SOUND- THE BEST OF WORLD CHANT

This exciting two-disc package brings to life the remarkable world of traditional and contemporary chant. 25 tracks from Christian, Jewish, Buddhist, Hindu, Islamic, African, Native American, Goddess, Shamanic and many other traditions. Volume One, Ecstasy: the fire of devotion and Volume Two, Stillness: the journey within — are each a powerful living experience of this ancient and universal art used by people everywhere to bring the sacred into daily life.

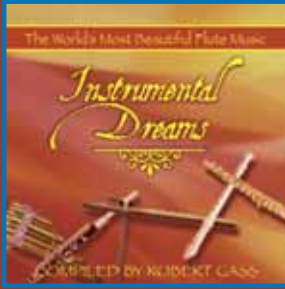
#6021 2CD \$28 - 2CS \$20



Book & Music Package #8006 CD \$43/CS \$36



ROBERT GASS: COMPILATIONS



INSTRUMENTAL DREAMS

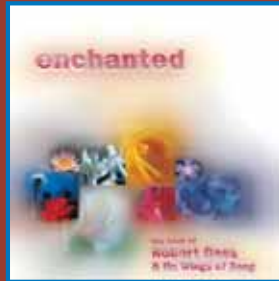
From the dawn of history we have been enchanted by the beauty of the Flute: the exotic Peruvian pipes of Pan, the mystical Arabian ney flute, the haunting melodies of the Irish pennywhistle, the meditative song of the Japanese bamboo shakuhachi. Master musician and best-selling recording artist Robert Gass chose from hundreds of recordings to create this stunningly beautiful musical journey. Featuring world music masters including Carlos Nakai on the Native American flute and Paul Horn playing live inside the Taj Mahal, this recording is ideal for yoga, relaxation, or simply enjoying "the world's most beautiful flute music."

#6047 CD \$17 - CS \$11

ENCHANTED

The long awaited "best of" from Robert Gass & On Wings of Song, the pioneering leaders of the "new chant" movement, ENCHANTED includes seven extended length tracks, including Alleluia chanted to Pachelbel's Canon, Goddess chant Ancient Mother, the Latin Kyrie, and their much-loved version of the Sanskrit chant Om Namaha Shivaya.

#6022 CD \$17 - CS \$11



MEDICINE WHEEL

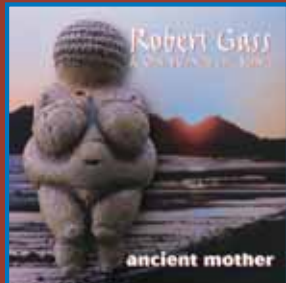
On Wings of Song is joined by respected artists including Brooke Medicine Eagle, the Wil Numkena Singers and many others for a unique journey into the world of Native American song and chant. Features a choral arrangement of the famous "Song of Chief Seattle," as well as the sounds of the Colorado River, thunder, wind and wildlife. A tribute to Mother Earth and all her peoples.

#1015 CD \$17 - CS \$11

ANCIENT MOTHER

ANCIENT MOTHER is a beautifully rendered collection of songs and chants in praise of the divine feminine. Ranging from the devoutly beautiful Christian chant of 12th century mystic Hildegarde de Bingen to an ecstatic gospel-rock rendition of the Wiccan "Casting the Circle" invocation, all a joyous celebration of the sacred She.

#1017 CD \$17 - CS \$11



PILGRIMAGE

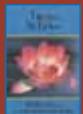
The strings of the Denver Symphony weave a counterpoint to the soaring melodies of these solo piano works. Romantic, meditative and unfailingly lyrical, PILGRIMAGE bares the wholly instrumental expression of the conservatory-trained Robert Gass.

#2001 CD \$17 - CS \$11

HUMANITY

This is a thirty member chorus singing with five soloists and an eclectic mix of guitar and drums.

#1004 CS \$11



TRUST IN LOVE

Written and performed by Robert Gass. Each track embodies the spirit and message of Gass' teachings. Featured tracks include "Welcome to this World," "Opening the Heart," "As a Child" and "I Honor You."

#1003 CS \$11

MANY BLESSINGS

Robert Gass and On Wings of Song's first recording, featuring chants and sing-alongs from many different traditions in celebration of human unity. The release includes favorites such as "Listen, Listen, Listen," "May the Long Time Sun," "From Thee I Receive," and "Tis a Gift to be Simple."

#1002 CS \$11.00



Music for Babies

"DON CAMPBELL'S INSIGHTS ARE OUR CHILDREN'S FUTURE."

-MITZI FREIDHEIM
ASSOCIATION OF MAJOR SYMPHONY
ORCHESTRA VOLUNTEERS



FROM PLAYTIME TO SLEEPYTIME

Studies show that classical music has a powerful effect on the intellectual and creative development of children from the very youngest of ages. This volume aids memory development; enhances auditory and emotional awareness, stimulates rhythmic movement and induces relaxation and sleep.

#4306 CD \$17 - CS \$11

NIGHTY NIGHT

This recording includes selections from some of Mozart's best music to stimulate brain development while soothing baby (and parent) during story time or quiet time, either for a short nap or a long night's rest.

#4331 CD \$17 - CS \$11



MUSIC FOR NEWBORNS: A BRIGHT BEGINNING

This recording is designed to introduce the benefits of the The Mozart Effect® to newborns and young babies. A collection of soothing, gentle music to stimulate and serenade baby into active play and restful, rhythmic sleep. Each CD/Cassette includes suggestions and activities to engage parent and newborn, stimulate newborns' bond with the world. A portion of the proceeds from this recording will go to Colorado Bright Beginnings, a non-profit agency established in June 1998 which introduced The Mozart Effect® to Colorado newborns and their parents.

#4345 CD \$17 - CS \$11

MUSIC FOR MOMS AND MOMS TO BE

This recording brings every mom a few moments of musical tranquility. For pregnant mothers, it can help focus the attention and aid alignment with the unborn child. Based on scientific and psychological studies and up-to-date research, the music on this recording has been carefully selected to provide a rich listening experience for today's busy moms, mothers-to-be, and grandmothers too.

#4335 CD \$17 - CS \$11



MUSIC FOR BABIES: DAYTIME PLAYTIME

Ages 3 months to 3 years. These special selections are designed for repeated listening so you can facilitate, enhance, and engage your baby's active playtime. Guide your baby's play with these creative, colorful sonic toys, and both you and your baby will enjoy a musical, magical, marvelous play experience enhanced by the music of Mozart.

#4364 CD \$17 - CS \$11

MUSIC FOR DADS AND DADS TO BE

Specially created for soon-to-be-dads and fathers of all ages, this recording offers musical comfort for rest, relaxation, daydreaming, and general well-being, releasing the stress faced each day. With music specially selected to enhance musical sharing and bonding with the child, Music for Dads & Dads-To-Be is also a perfect way to bond with your child and create the template for years of musical enjoyment!

#4409 CD \$17 - CS \$11



The Mozart Effect[®] Music for Children

OVER 1,000,000 COPIES SOLD!

"All music has an effect on us. But, somehow, almost indescribably, Mozart has a simple and remarkable way of speaking to us. He is clear, organized, efficient and not overly emotional. His music goes into our psyche and body in ways that are both subtle and powerful. Even if Mozart is not your favorite composer and classical music is not your first preference for enjoyment, his music provides a positive environment where anyone, from babies to grandparents, can learn, relax, grow and create at their best. And that is, quite simply, The Mozart Effect[®]."

— Don Campbell

Don Campbell has produced a unique and effective set of children's recordings, each designed for a particular result or situation and geared to the taste and sensibilities of young people. All eight volumes are an powerful listening experience plus the perfect way to introduce children to the joys of classical music. Produced by our friends at The Children's Group, well known for their Classical Kids series and Beethoven Lives Upstairs.



VOLUME 1: TUNE UP YOUR MIND

Increases verbal, emotional, and spatial intelligence; improves memory and the ability to concentrate; enhances "right-brain" creative processes; and strengthens intuitive thinking skills.

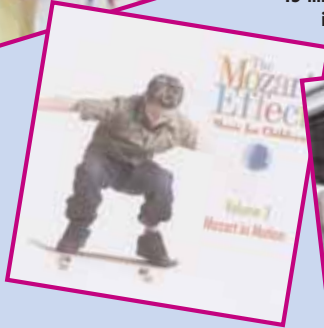
#4291 CD \$17 - CS \$11



VOLUME 2: RELAX, DAYDREAM, & DRAW

Inspires right-brain, creative thinking; induces relaxation; improves concentration and memory, stimulates verbal, emotional, and spatial intelligence.

#4292 CD \$17 - CS - \$11



VOLUME 3: MOZART IN MOTION

Triggers creative processes; improves body movement and co-ordination; increases concentration and memory; enhances mood, motivation, and develops pattern and pacing.

#4293 CD \$17 - CS \$11



VOLUME 4: MOZART TO GO

This is a special collection for today's busy families, featuring more than 45 minutes of best-loved classical music chosen to stimulate, engage, and inspire the whole family. This is a collection your family can enjoy any time of the day, anywhere you go.

#4333 CD \$17 - CS \$11

Volume I-IV Package #8510 CD \$60 - CS \$40

The Nature Of Music

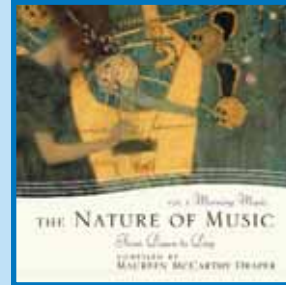
"...OPENS THE HEART AND THE EARS TO NEW WAYS OF LISTENING...
A BOOK TRULY TO BE LISTENED TO"

— DON CAMPBELL, AUTHOR-*THE MOZART EFFECT*[®]

MAUREEN MCCARTHY DRAPER



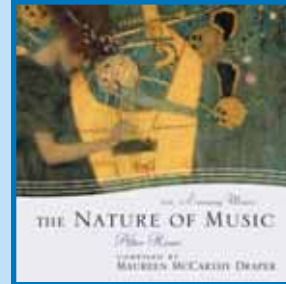
Maureen is a classical pianist, author, and music teacher. She presents music retreats for the Guild for Psychological Studies and from her home in the Santa Cruz Mountains, using live piano music, poetry, and art. She is the author of *The Nature of Music: Beauty, Sound and Healing*.



VOLUME ONE: MORNING MUSIC, FROM DAWN TO DAY

This compilation gently carries listeners from the slower tempos of sleep and rest to the more lively pace of the active day. Taps the subtly evocative powers of masterful composers including Stravinsky, Mozart, Bach, and Brahms, Volume One helps open the door to a wide range of moods and emotions. Demonstrating music's power to tap into our unconscious states, *From Dawn To Day* helps us uncover how we really feel when it may not be so obvious otherwise.

#6025 CD/\$17



VOLUME TWO: EVENING MUSIC, AFTER HOURS

This album features the rhythms of relaxation, to ease listeners from the active pace of a busy day into evening. This music follows the contours of the heart—its tensions and resolutions, anticipations and fulfillments, hopes and disappointments. Includes the dreamlike tranquility of composers Vivaldi, Debussy, Ravel and Fauré, and provides a palette of gentle and spacious sonic openings that will reflect back to you your own nature.

#6026 CD/\$17

The Nature of Music Set #8508 CD/\$30 SAVE 15%



THE OM HAT

Gray all-cotton low crown cap carries an embroidered, two-color version of the ancient Sanskrit syllable "Om", the sacred sound of the universe.

We created these to celebrate the 10th Anniversary re-release of our classic *Om Namaha Shivaya*, but lots

of folks asked and so we're making them available to all our friends. Metal buckle adjusts to size.

#9998 HAT \$16



The Mozart Effect®

It's no longer a secret – music has the power to heal body, mind, and soul. And when it comes to the healing power of music, educator and classically trained musician Don Campbell, author of nine books including *The Mozart Effect®* (Avon Books) & *The Mozart Effect® for Children* (Morrow) is your best guide.

In creating this best-selling audio series, Don Campbell draws on his work with pioneers in the

field, a wide range of medical and psychological research, and nearly twenty years experience training thousands of educators, health professionals and individuals, selecting, sequencing, and editing world-class performances of Mozart's most powerful compositions. Even if you rarely listen to classical music, these recordings will help you wisely harness the music's transformative powers in your own life.



VOLUME I, STRENGTHEN THE MIND: MUSIC FOR INTELLIGENCE & LEARNING

Designed to “charge the brain”, in the words of ground-breaking researcher Dr. Alfred Tomatis. It can help you achieve the kind of measurable IQ boost documented in the famed University of California at Irvine study. VOLUME I is the perfect prelude or accompaniment to learning, studying, reading, or commuting to work. Use it to wake up, increase alertness, and for better focus and concentration.

#6501 CD \$17 - CS \$11



VOLUME II, HEAL THE BODY: MUSIC FOR REST & RELAXATION

Designed to soothe and relax your body, and reduce mental and emotional stress. It's perfect for unwinding at the end of a long, busy day, and will help you achieve a state of calm and tranquility in the face of the pressures of modern life. VOLUME II is also perfect for quiet times, relaxed, romantic dinners, or for gently floating towards sleep at day's end.

#6502 CD \$17 - CS \$11



VOLUME III, UNLOCK THE CREATIVE SPIRIT: MUSIC FOR CREATIVITY & IMAGINATION

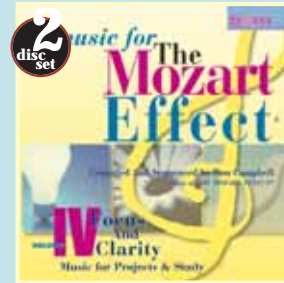
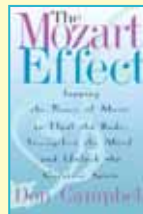
Designed to help you access your creative voice. Personal expression, whether in the form of journaling, drawing, painting, or simply letting the imagination run free, is an important part of mental and spiritual health. Mozart can provide a pathway to your personal creativity, unlocking waves of images and impressions and amplifying the expressive inner voice.

#6503 CD \$17 - CS \$11

THE MOZART EFFECT®

This ground-breaking book draws on medicine, Eastern wisdom, and the latest research on learning and creativity. Don Campbell reveals how exposure to sound and music has a profound lifelong effect on health, learning, and behavior, and points the way to a healthier, more harmonious lifestyle. Includes 24 specific exercises, plus sound-based approaches to over fifty conditions ranging from migraines to substance abuse.

Avon Books, #7418
Hardcover \$24



#6504 2CDs \$30 - 2CS \$20

VOLUME V, RELAX AND UNWIND: MUSIC FOR DEEP REST & REJUVENATION

This is designed to gently transport mind and body to a state of deep and transformative relaxation. The physical, emotional, and aural stress of modern life is unique in the human history; VOLUME V harnesses music's amazing ability to instantly shift mood and energy, and allows room for the natural restoration of mind and body. Use it whenever you need to calm down, relax or even to prepare yourself for an unusually busy or stressful period. Works for listeners of all ages!

#6505 CD \$17 - CS \$11



THE MOZART EFFECT® FOR CHILDREN

In his new book Don Campbell shows that music is the perfect tool to improve children's language, movement, and emotional skills at home, school, and play. He presents a wealth of dynamic, inventive ways for parents and teachers to invigorate a child's imagination with music, sounds, and songs, supplying simple exercises and fun activities tailored for each age group and stage of development from prenatal through age ten.

William Morrow Publishing, #7782 Paperback \$14



MUSIC FOR THE MOZART EFFECT® VOLUME VI, MORNING, NOON AND NIGHT: MUSIC FOR YOGA

The newest release in this much-lauded series utilizes the world renowned power of The Mozart Effect® to relax the body and concentrate the mind, all in the service of enhancing yoga practice or helping anyone center and de-stress. Three extended length programs designed to accompany a complete 60 plus minute session or to be used individually. East meets West in this powerful new collection created by Don Campbell.

#6506 CD \$17

“IT SEEMS ONLY NATURAL THAT YOGA, AN ART FORM THAT IS KNOWN FOR IMPARTING ALL OF THE ABOVE CHARACTERISTICS, WOULD BE AN IDEAL FIT FOR THE MELODIES OF MOZART AS WELL.”

- MUSIC DESIGN

DON CAMPBELL



Don Campbell, the world's leading authority on the transformational powers of music, is the author of nine books, including the best-selling *The Mozart Effect®* (Avon Books, 1997) and *The Mozart Effect® for Children* (William Morrow, 2000). Campbell studied in France with Nadia Boulanger, famed teacher and mentor to many of this generation's master classical artists during his high school years, followed by university studies in performance and music education. Since 1980, Campbell has studied and documented the role and uses of music in a wide range of areas including physical and mental healthcare, education, and the world's spiritual traditions. He is a much-in-demand lecturer, teacher, and workshop leader in the business, medical, therapeutic, education, and personal growth arenas.

Book & Music Package Volume I - III #8004 CD/\$63 - CS/\$50 SAVE 15%!

Volume I - III Package #8507 CD/\$45 - CS/\$30 SAVE 15%!



Complete Original The Mozart Effect® Collection
Volumess I - VI & The Mozart Effect® Book #8525 CD \$116